



The neighborhood committee has undertaken a series of actions aimed at urging the institutions on the topic of the waste to be collected with the correct frequency.

In addition to this we believe that each of us can collaborate.

In addition to this we believe that each of us can collaborate concretely to face the waste problem of our neighborhood reducing the volume to be disposed of.



#### Always check the expiration

Avoid food waste

purchased products and plan their consumption before the indicated date avoiding so the useless waste.

date



# Replace everything that is designed as use and throws with products that can be used repeatedly and/or recycled Renounce the purchase of plates, glasses, single use plastic cutlery, handkerchiefs and paper napkins, etc. ...; all of them can be substituted with equivalent products made of

substituted with equivalent products made of materials that can be used several times.



# especially in the case of plastic Prefer products with less packaging; why should you buy packaged fruit and vegetables, generally less fresh and more expensive compared to the bulk ones?

Avoid the purchase of products with excessive packaging,

bulk offes?

Prefer to buy draft products

Detergents, shower gel, liquid soaps etc ... and even

if the stores of this type are not right beside your



#### some food products can be purchased in bulk using always the same bottles/dispencer/containers with considerable reduction of the packaging waste. Even

house, you just have to go a few times a year doing an adequate supply. (Many of these deliver at home).

Not all the dumpsters are



### from them, check if there are any more (perhaps in the next street) emptier as they are used by fewer people.

If you find the dumpsters that are closest to your home door already full, please before leaving your rubbish on the ground or in bags hanging

6 Press your trash before throwing it in the dumpsters

It is essential to crush bottles, flasks and plastic containers in such a way that all the air comes out before throwing them. Avoid crumpling the paper and the packaging; it is better to bend/press them



**specific disposal centers**The possibilities to dispose the cumbersome waste are the Collection Centers (the collection

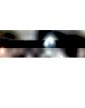
Bulky waste must be taken to

to obtain a smaller volume.

Oand shoes

designed "yellow bins".

center of the 5th Municipality is in via Teano 38 - Largo Preneste), the Bulky waste collection at home (ChiamaRoma - call phone 060606) or on the occasion of the Cumbersome Sunday Collections and/or Cumbersome Extraordinary Collections events.

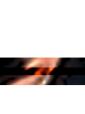


## throw them in the dumpsters, there are many alternatives: you can gift them to those who need it, take them to some volunteer organization, try to sell them online or through the flea markets or in the last alternative throw them in the specially

Clothes, clothing accessories

The clothes and shoes make volume, do not

Always evaluate the possibility of reusing and recycling of what you are about to throw away There are many websites that suggest a creative and fun reuse and recycling of everyday objects, try to consult them before deciding that the object in question is a waste.



The more your word of mouth is and the more of the proposed measures you share, the greater chance you have to see the streets of your neighborhood more free from waste.

I U these tricks with the inhabitants of your neighborhood

Learn, spread and share



## neighborhood more free from waste.

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